

Skin Cancer

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| | <p>What does it look like? Can be red , brown, black Malignant Melanoa may also be blue or white can be a flat spot, or a bump, can look like a sore, can be a patch of what appears to be dry skin, can bleed</p> | <p>Symmetrical - means the same. If you took a piece of paper and folded it hal - the sides would match. skin Cancer is symmetrical.I It is not a perfect circle. It may be round on one side and jagged on the other.</p> |
| <p>There are three kinds of skin cancer - all three can be anywhere on your body Basel Cell - least dangerous Squamous Malignant Melonoma</p> | <p>Sun Rays UVA - damage under neathe the skin - you can not see UBA - damage on top of the skin UV - stands for ultra violet A and B just it a destinction</p> | <p>asymmetrical - not the same. A means not. Skin Cancer is asymmetrical. One side does match the other.</p> |
| <p>Metastasize - means to spread - go to other organs.this term is used in all cancers. This is how it travels. bone blood lymph Glands</p> | <p>Surface you stand on If standing on a lighter surface will absorbt more sun (sand, snow, concrete) Standing on grass you will not burn as much</p> | <p>symptomatic - means you a symptom You may see you skin is very red. It may peel It may blister, bleed It may be an open sore It may be a patch of dry skin It may change size or color It gives you the idea something is not right.</p> |
| <p>Basel Cell Least dangerous will not spread Usually found from the waist up</p> | <p>Sun Tan Lotion SPF (Sun Portection Factor) The numbers go up 90 and 100 Most skin doctors say use at least a 30</p> | <p>asymptomatic - you did not even know the spot was there. It did not hurt. A means not.</p> |

Squamous
slow growing
can metastasize
usually around the
mouth and lip

When do you first put it on?
Always put it on 30 minutes
before you go outside. Your body
has to adapt.

Then put it every two hours no
matter what number sun screen
you use.

Do not put an adult sun screen on
a baby or small child. It may be
too strong for their skin. They
make Water Babies for children.

Skin cancer can be
symptomatic or
asymptomatic

Malignant Melanoma
- most dangerous
Can be anywhere and
travel anywhere
Fast growing
4 stages
very serious
can kill you quickly
Can survive if caught
very early

Tanning Beds are not
safe