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Activity Sheet

Human Anatomy and Physiology – BSC 1085

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Extra Credit Assignment – 20points

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Create a portfolio that illustrates and explains criteria used for naming different muscles of the human body.

- a) Include at least three (3) examples of muscles that derive names based on size, shape, location, orientation, action, and number of heads.
- b) State the location of each referenced muscle in the body.
- c) Explain the meaning of the technical and often intimidating terms that are commonly used to name muscles.
- d) Use pictures or diagrams to illustrate your explanations.
- e) Organize the information in tabular form, or in any other format of your choice.